

Aktuelle Mitteilungen der Fachgruppe Gesundheitspsychologie

Stand: 31.12.2023

Die FG-Leitung übernimmt keine Gewähr für die Richtigkeit, Vollständigkeit und Aktualität der bereitgestellten Inhalte

1. Nachrichten, Auszeichnungen, offizielle Funktionen

Ksenija Edelinski (Mannheim) erhielt den Preis der Fachgruppe für die beste gesundheitspsychologische Masterarbeit 2022. Die Arbeit mit dem Titel „Movement: How Do Acculturative Stress and Leisure Time Physical Activity Affect Cultural Identity Fluctuations?“ wurde von Christine Emmer und Univ.-Prof. Dr. Jutta Mata (beide Mannheim) betreut.

Im Peer Mentoring Programm der Fachgruppe wurden 2023 zwei Vorhaben für eine Förderung ausgewählt. Gefördert werden das Vorhaben zur Informationssuche im Kontext von Impfungen und Antibiotikanutzung von Marina Groß (Wien) und Elisabeth Sievert (Erfurt) in der Förderlinie A sowie das Vorhaben „Breaking Meat Myths: Investigating the Effectiveness of the Truth Sandwich Method as an Intervention to Reduce Meat Intake“ von Alice Seffen (Bonn) und Nina Weingarten (Bonn) in der Förderlinie B.

Univ.-Prof. Dr. Laura M. König hat den Ruf auf die Professur Gesundheitspsychologie der Universität Wien angenommen und die Stelle zum 1. September 2023 angetreten.

Univ.-Prof. Dr. Spaderna wirkt an den Leitlinien „Nationale VersorgungsLeitlinie Chronische Koronare Herzerkrankung“ (NVL Chronische KHK, AWMF-Registernr. nvl-004) und „S3-Leitlinie Hausärztliche Risikoberatung zur kardiovaskulären Prävention“ (LLKVP) (AWMF-Registernr. 053-024) mit.

Univ.-Prof. Dr. Gudrun Sproesser wurde als Sprecherin, Dr. Mario Wenzel als Beisitzer und Dr. Anna M. Biller als Jungmitgliedervertreterin der Fachgruppe Gesundheitspsychologie in der Deutschen Gesellschaft für Psychologie neu gewählt. Univ.-Prof. Dr. Jana Strahler bleibt Kassenwartin. Julia E. Koller wechselte auf das Amt der stellvertretenden Jungmitgliedervertreterin.

2. Publikationen

2023

Azevedo, F., Pavlović, T., Rêgo, G. G., d., Ay, F. C., Gjoneska, B., Etienne, T. W., Ross, R. M., Schönenegger, P., Riaño, J., Cichocka, A., Capraro, V., Cian, L., Longoni, C., Chan, H. F., Van Bavel, J. J., Sjästad, H., Nezlek, H., Alfano, M., Gelfand, M. J., Birtel, M. D. et al. (2023). Social and moral psychology of COVID-19 across 69 countries. *Scientific Data*, 10(1), 272. <https://www.nature.com/articles/s41597-023-02080-8>

Birtel, M. D. & Mitchell, B. L. (2023). Cross-cultural differences in depression between White British and South Asians: Causal attributions, stigma by association, discriminatory potential. *Psychology and Psychotherapy: Theory, Research and Practice*, 96(1), 101-116. <https://doi.org/10.1111/papt.12428>

Birtel, M.D., Di Bernardo, Hobson H., G. A., Collins-Quirk, A., & Vezzali, L. (2023). Avoiding affect in intergroup relations: The roles of trait and intergroup empathy in the relationship between alexithymia and prejudice. *Journal of Applied Social*

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- Fresán, U., Bernard, P., Fabregues, S., Boronat, A., Araújo-Soares, V., König, L. M., & Chevance, G. (2023). A Smartphone Intervention to Promote a Sustainable Healthy Diet: Protocol for a Pilot Study. *JMIR Research Protocols*, 12, e41443. <https://doi.org/10.2196/41443>
- Hoffmann, J. M., Schulz, A., Finke, J. B., Lauterbach, M., Schächinger, H., Vögele, C. & Spaderna, H. (2023). Fear of physical activity relates to cardiac interoception and symptom distress in patients with chronic heart failure. *Mental Health & Physical Activity*, 25, 100553. <https://doi.org/10.1016/j.mhpaa.2023.100553>
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3. Gesundheitspsychologische Dissertationen/ Habilitationen/ Ruferteilungen/ Vertretungen

Dr. Sarah Labudek hat erfolgreich ihre Promotion an der Universität Heidelberg abgeschlossen. Die Dissertation trägt den Titel „The Group-Based Lifestyle-Integrated Functional Exercise Intervention for Older Adults: Theory- and Evidence Based Intervention Development and Evaluation From a Health Behavior Change Perspective“.

4. Forschungsprojekte von Fachgruppenmitgliedern (Neu- und Fortsetzungsbewilligungen)

Prof. Dr. Radtke, Dr. Schenkel und Dr. Bierbauer wurden Drittmittel für das Projekt „Read4Life bewegt - Integration der körperlichen Aktivität in der Ready4Life Applikation“ (<http://www.ready4life.info/>) von der Gesundheitsförderung Schweiz bewilligt. Laufzeit: 2023 – 2026.

Prof. Dr. Ana N. Tibubos wurden Sachmittel als Co-PI des Projektes „Digital-Twin-Health-Trier: Entwicklung eines interdisziplinären digitalen Zwillings für die Analyse, Bewertung, Gestaltung und Evaluation digitaler Gesundheitsangebote am Beispiel pandemischer Krisensituationen“ bewilligt, das vom Ministerium für Wissenschaft und Gesundheit Rheinland-Pfalz über Europäische Fonds für regionale Entwicklung gefördert wurde. (Laufzeit Juni 2022 - Juni 2023)

Prof. Dr. Ana N. Tibubos wurden Sachmittel für das Pilotprojekt „KEN4nurses (die Kraft der Emotionen nutzen): Adaptation eines onlinebasierten psychologischen Selbsthilfeprogramms für die Zielgruppe von professionell Pflegenden“ bewilligt, gefördert vom Forschungsfond der Universität Trier. (Laufzeit Juni 2022- April 2023)

Die Deutsche Forschungsgemeinschaft hat das Projekt „Die Bedeutung der Situation für die Emotionsregulation im Alltag“ (PI: Dr. Mario Wenzel, Co-I: Prof. Dr. Thomas Kubiak) bewilligt. Laufzeit: Juni 2023 – Mai 2026. Gesamtfördersumme: 433.990€.

5. Tagungen/ Kongresse

Ankündigungen

28.02. – 29.02.2024: SYNERGY Winter School 2024, Amsterdam, Niederlande. Webseite: <https://ehps.net/meetings/>

04.03. – 06.03.2024: 61. Wissenschaftlicher Kongress der Deutschen Gesellschaft für Ernährung, Kassel, Deutschland. <https://www.dge.de/veranstaltungen/kongresse/61-wissenschaftlicher-kongress/>

03.06 – 05.06.2024: Society for Ambulatory Assessment 2024, Ann Arbor, USA. Webseite: <https://sites.google.com/umich.edu/saa2024/home?authuser=0>

02.09. – 06.09.2024: 38. Konferenz der European Health Psychology Society, Cascais, Portugal. <https://2024.ehps.net/>

16.09. – 19.09.2024: 53. Kongress der Deutschen Gesellschaft für Psychologie und 15. Kongress der Österreichischen Gesellschaft für Psychologie, Wien, Österreich. <https://dgps2024.univie.ac.at/>

Berichte

Im Juni 2023 richtete Jun.-Prof. Dr. Laura M. König (Public Health Nutrition, Universität Bayreuth) einen internationalen Expert:innenworkshop zum Thema „Understanding the digital divide in health promotion“ aus. Der Workshop wurde durch das Humboldt Centre der Universität Bayreuth gefördert. Die folgenden Berichte sind zum Workshop erschienen:

- Abschlussbericht auf der Webseite des Humboldt Centres: https://www.humboldt-centre.uni-bayreuth.de/pool/dokumente/Report_SSW_Koenig.pdf
- Zusammenfassung der erarbeiteten Inhalte erschienen im International Journal for Equity in Health: <https://doi.org/10.1186/s12939-023-02055-6>

6. Forschungsaufenthalte von Gastwissenschaftler*innen

Im April und Mai 2022 besuchte Univ.-Prof. Dr. Rebecca A. Krukowski (University of Virginia, USA) die Arbeitsgruppe von Jun.-Prof. Dr. Laura M. König (Public Health Nutrition, Universität Bayreuth). Der Aufenthalt wurde durch das Bayreuth Humboldt Centre der Universität Bayreuth gefördert.

Univ.-Prof. Dr. Heike Spaderna reiste auf Einladung der Xiamen University für einen Lehraufenthalt nach Xiamen, China. Im Rahmen des „Kleinen Semesters“ im Juli 2023 gab sie am Department of Nursing der Medical School eine Vorlesung „Introduction to Health Psychology“. In Vorträgen stellte sie ihre Forschung zu psychosozialen und behavioralen Merkmalen bei chronischer Herzinsuffizienz vor und nutzte die Gelegenheit zum Austausch mit Kolleginnen der Trierer Partneruniversität.

7. Neue Entwicklungen an den Hochschulen im Bereich der Gesundheitspsychologie

Einführung eines Masterstudiengangs Psychologie mit Schwerpunkt Arbeit, Umwelt und Gesundheit an der Bergischen Universität Wuppertal.